

**Don't worry
about crying pretty.**

**We can't see you over
the phone.**



Licensed counselors are available 24/7 to provide confidential support with any life stressors— from relationship issues, stress or substance abuse, we can help.

1.800.327.5071 | wseap.com

STRESS | GRIEF | DEPRESSION & ANXIETY | SUBSTANCE ABUSE | FAMILY | RELATIONSHIPS | WORK CHALLENGES

**WE
GOT
THIS.**