

A/H1N1 Virus (Swine Flu): Information for Employers

Make a plan.

In the event of pandemic influenza, businesses will play a key role in protecting employees' health and safety as well as limiting the negative impact to the economy and society. Planning for pandemic influenza is critical. To assist you in your efforts, the Department of Health and Human Services (DHHS) and the Centers for Disease Control and Prevention (CDC) have developed the following checklist for large businesses. It identifies important, specific activities large businesses can do now to prepare, many of which will also help you in other emergencies. Further information can be found at <http://www.pandemicflu.gov/> and <http://www.cdc.gov/Partners/Business/>.

1.1 Plan for the impact of a pandemic on your business:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> Identify a pandemic coordinator and/or team with defined roles and responsibilities for preparedness and response planning. The planning process should include input from labor representatives.
			<ul style="list-style-type: none"> Identify essential employees and other critical inputs (e.g. raw materials, suppliers, subcontractor services/ products, and logistics) required to maintain business operations by location and function during a pandemic.
			<ul style="list-style-type: none"> Train and prepare ancillary workforce (e.g. contractors, employees in other job titles/descriptions, retirees).
			<ul style="list-style-type: none"> Develop and plan for scenarios likely to result in an increase or decrease in demand for your products and/or services during a pandemic (e.g. effect of restriction on mass gatherings, need for hygiene supplies).
			<ul style="list-style-type: none"> Determine potential impact of a pandemic on company business financials using multiple possible scenarios that affect different product lines and/or production sites.
			<ul style="list-style-type: none"> Determine potential impact of a pandemic on business-related domestic and international travel (e.g. quarantines, border closures).
			<ul style="list-style-type: none"> Find up-to-date, reliable pandemic information from community public health, emergency management, and other sources and make sustainable links.

			<ul style="list-style-type: none"> Establish an emergency communications plan and revise periodically. This plan includes identification of key contacts (with back-ups), chain of communications (including suppliers and customers), and processes for tracking and communicating business and employee status.
			<ul style="list-style-type: none"> Implement an exercise/drill to test your plan, and revise periodically.

1.2 Plan for the impact of a pandemic on your employees and customers:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> Forecast and allow for employee absences during a pandemic due to factors such as personal illness, family member illness, community containment measures and quarantines, school and/or business closures, and public transportation closures.
			<ul style="list-style-type: none"> Implement guidelines to modify the frequency and type of face-to-face contact (e.g. handshaking, seating in meetings, office layout, shared workstations) among employees and between employees and customers (refer to CDC recommendations).
			<ul style="list-style-type: none"> Encourage and track annual influenza vaccination for employees.
			<ul style="list-style-type: none"> Evaluate employee access to and availability of healthcare services during a pandemic, and improve services as needed.
			<ul style="list-style-type: none"> Evaluate employee access to and availability of mental health and social services during a pandemic, including corporate, community, and faith-based resources, and improve services as needed.
			<ul style="list-style-type: none"> Identify employees and key customers with special needs, and incorporate the requirements of such persons into your preparedness plan.

1.3 Establish policies to be implemented during a pandemic:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> Establish policies for employee compensation and sick-leave absences unique to a pandemic (e.g. non-punitive, liberal leave), including policies on when a previously ill person is no longer infectious and can return to work after illness.
			<ul style="list-style-type: none"> Establish policies for flexible work site (e.g. telecommuting) and flexible work hours (e.g. staggered shifts).

			<ul style="list-style-type: none"> Establish policies for preventing influenza spread at the work site (e.g. promoting respiratory hygiene/ cough etiquette, and prompt exclusion of people with influenza symptoms).
			<ul style="list-style-type: none"> Establish policies for employees who have been exposed to pandemic influenza, are suspected to be ill, or become ill at the work site (e.g. infection control response, immediate mandatory sick leave).
			<ul style="list-style-type: none"> Establish policies for restricting travel to affected geographic areas (consider both domestic and international sites), evacuating employees working in or near an affected area when an outbreak begins, and guidance for employees returning from affected areas (refer to CDC travel recommendations).
			<ul style="list-style-type: none"> Set up authorities, triggers, and procedures for activating and terminating the company's response plan, altering business operations (e.g. shutting down operations in affected areas), and transferring business knowledge to key employees.

1.4 Allocate resources to protect your employees and customers during a pandemic:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> Provide sufficient and accessible infection control supplies (e.g. hand-hygiene products, tissues and receptacles for their disposal) in all business locations.
			<ul style="list-style-type: none"> Enhance communications and information technology infrastructures as needed to support employee telecommuting and remote customer access.
			<ul style="list-style-type: none"> Ensure availability of medical consultation and advice for emergency response.

1.5 Communicate to and educate your employees:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> Develop and disseminate programs and materials covering pandemic fundamentals (e.g. signs and symptoms of influenza, modes of transmission), personal and family protection and response strategies (e.g. hand hygiene, coughing/sneezing etiquette, contingency plans).
			<ul style="list-style-type: none"> Anticipate employee fear and anxiety, rumors and misinformation and plan communications accordingly.

			<ul style="list-style-type: none"> • Ensure that communications are culturally and linguistically appropriate.
			<ul style="list-style-type: none"> • Disseminate information to employees about your pandemic preparedness and response plan.
			<ul style="list-style-type: none"> • Provide information for the at-home care of ill employees and family members.
			<ul style="list-style-type: none"> • Develop platforms (e.g. hotlines, dedicated websites) for communicating pandemic status and actions to employees, vendors, suppliers, and customers inside and outside the work site in a consistent and timely way, including redundancies in the emergency contact system.
			<ul style="list-style-type: none"> • Identify community sources for timely and accurate pandemic information (domestic and international) and resources for obtaining countermeasures (e.g. vaccines and antivirals).

1.6 Coordinate with external organizations and help your community:

Completed	In Progress	Not Started	
			<ul style="list-style-type: none"> • Collaborate with insurers, health plans, and major local healthcare facilities to share your pandemic plans and understand their capabilities and plans.
			<ul style="list-style-type: none"> • Collaborate with federal, state, and local public health agencies and/or emergency responders to participate in their planning processes, share your pandemic plans, and understand their capabilities and plans.
			<ul style="list-style-type: none"> • Communicate with local and/or state public health agencies and/or emergency responders about the assets and/or services your business could contribute to the community.
			<ul style="list-style-type: none"> • Share best practices with other businesses in your communities, chambers of commerce, and associations to improve community response efforts.

From Pandemicflu.gov. (2005, December 6). *Business pandemic influenza planning checklist*. Retrieved April 27, 2009, from <http://www.pandemicflu.gov/>

Get help with your plan.

Don't let writer's block keep you from making a plan. Use the links below to view national and state plans to help get you started.

PandemicFlu.gov

The official U.S. government website for information on pandemic flu has checklists to help workplaces, state and local governments, individuals and families, community and health care organizations plan for a pandemic. <http://www.pandemicflu.gov/plan/checklists.html>

State Pandemic Plans

Listed below are pandemic plans currently available on state websites. Regardless of where you are in creating your company's plan, it's always a good idea to be aware of your state's plan.

<http://pandemicflu.gov/plan/stateplans.html>

U.S. Department of Health & Human Services

Pandemic Influenza Plan

<http://www.hhs.gov/pandemicflu/plan/>

Provide your employees with practical knowledge.

You will, of course, want to educate your employees on your company's pandemic planning and response policies. You'll also want to provide them with some basic information about pandemic flu. The resources below will give you a good start:

Swine Influenza and You is an article by the U.S. Centers for Disease Control and Prevention (CDC) that describes swine flu's symptoms and provides suggestions for preventing its spread.

http://www.cdc.gov/swineflu/swineflu_you.htm

A comprehensive Web page designed to help individuals and families consider the extent of their needs during a pandemic and create a plan can be found at <http://www.pandemicflu.gov/plan/individual/index.html>

As part of an initiative called "Take the Lead: Working Together to Prepare Now," the U.S. Department of Health & Human Services has a Web page with samples of talking points, planning checklists, email and newsletter correspondence to employees on the topic of pandemic flu preparation and prevention. It is definitely worth a look at <http://www.pandemicflu.gov/takethelead/> to see what you can share with your employees.

Lastly, don't forget to support your employees' mental health. In addition to encouraging your employees to call your employee assistance plan (EAP) for emotional support during this time, you may want to refer them to the American Psychological Association's *Managing Your Anxiety About Swine Flu* available on its *Help Center* website at <http://www.apahelpcenter.org/articles/article.php?id=194>.